



# Child-centered Play Therapy (CCPT): A practicum course (Summer 2025 - Spring 2026)

By Ms. Lau Suet Ha, Lottie

## **Supervised CCPT Experience**

(Level-two course)

A continuation of the Basic Training on CCPT conducted by Ms Lottie Lau. A 53-hour practical course aiming to develop participants' competence in using CCPT.

### **Course Dates & Time**

Note: Lunch breaks (1 hour 15 mins or 1 hour) are excluded from the course hours.

### I) **Preparatory Session**

Date: **2025 Aug 9 (Sat)** Time: **9:15am-12:45pm** 

Venue: 4/F, Morrison Memorial Centre, 191 Prince Edward Road West, KLN

### II) **Practical Sessions**

Three groups, Group A, Group B, and Group C, are offered. Participants can choose either of the groups. **Application once confirmed, group arrangement cannot be changed.**Venue: 1/F, Morrison Memorial Centre, 191 Prince Edward Road West, KLN

## **Target**

20 helping professionals who have completed the Basic Training on CCPT conducted by Ms Lottie Lau.

## Group A (8 Mondays)

1st Round of Presentation	Date: 2025 Oct 27, Nov 3, 10, 17, 24 (Mon) Time: 9:15am-4:30pm
2nd Round of Presentation	Date: 2025 Dec 1, 8, 15 (Mon) Time: 9:15am-5:30pm



## **Group B** (8 Saturdays)

1st Round of Presentation	Date: 2025 Nov 1, 8, 15, 22, 29 (Sat) Time: 9:15am-4:30pm
2nd Round of Presentation	Date: 2025 Dec 6, 13, 20 (Sat) Time: 9:15am-5:30pm

**Course Fee** \$9,800

## Group C

(6 half days & 5 whole days; Saturdays & 1 Friday)

1st Round of Presentation	Date: 2026 Jan 3, 10, 17, 24, 31, Feb 7 (Sat) Time: 9:15am-12:15pm Date: 2026 Feb 14, 21 (Sat) Time: 9:15am-4:30pm
2nd Round of Presentation	Date: 2026 Feb 27 (Fri), Mar 7, 21 (Sat) Time: 9:15am-5:30pm



#### **Course Objective**

To help participants integrate the theory of CCPT into practice, consolidate the beliefs and philosophy of the therapy, and develop a strong practice competence in CCPT in the following aspects:

- i. Sensitivity in identifying children's significant play behaviors;
- ii. Recognizing children's progress in play therapy;
- iii. Using CCPT skills and techniques and refining the micro-skills;
- iv. Expansion of varieties of facilitative responses;
- v. Handling various issues in the play therapy process;
- vi. Self-reflexive and self-critic abilities; and
- vii. Conveying important observations of children to parents, etc.

#### **Course Content**

#### A. Preparatory Session

- 1. Issues and ethical considerations of starting and videotaping special play sessions with children using CCPT principles and skills;
- 2. Detailed explanations on course requirements and assignments;
- 3. Arrangement and finalization of presentation schedules.

#### **B.** Practical Sessions

- 1. Each participant will conduct, outside the course time, special playtime with children using CCPT principles and skills, and bring selected segments to class for feedback and discussion.
- 2. Each participant will present, during course hours, two rounds of the videotaped special playtime conducted.
  - In the 1<sup>st</sup> round of presentations, participants will learn to:
    - i. record children's play behaviors and make preliminary analysis of the play process;
    - ii. observe children's significant play behaviors exhibited, understand the meanings behind children's expressions, and identify play progress;
    - iii. give facilitative responses during the special playtime;
    - iv. be aware of own strengths and areas for improvements in play therapy skills used;
    - v. identify important observations during the play process for giving feedback to parents.
  - In the 2<sup>nd</sup> round of presentations, participants will learn to:
    - i. consolidate what has been learned from the first round of presentation;
    - ii. do self-critics on special playtime conducted; and
    - iii. give feedback to one another on the special playtime.

#### **Teaching Format**

- Videotape presentations on special playtime from trainees.
- Feedback from the trainer and class discussions on the video segments presented.

#### The Trainer – Ms. Lau Suet Ha

Ms Lau Suet Ha, Lottie (B.Soc.Sc., M.Ed) is a pioneer who has introduced and cultivated Child-centered Play Therapy(CCPT) in Hong Kong. Ms Lau specialized in CCPT in her postgraduate counselling studies at the University of North Texas, where she learned the therapy directly from Dr Garry Landreth, an internationally renowned scholar who developed it. Back in HK, besides practicing the therapy, Ms Lau began in the mid-1990s, during her formal teaching in tertiary education, to spread the concept of CCPT among helping professionals and parents through open courses of different levels. Presently, Ms Lau has taught CCPT, with 26 years of counselling work experience integrated, for 30 years, 20 of which were with the CPE of the Department of Social Work at the CUHK. Over the years, Ms Lau has laid the cornerstone of the therapy in the local scene by conducting over 500 CCPT courses for more than 5,000 helping professionals and parents respectively, accumulating a total of over 10,000 participants. Ms Lau's courses have always been fully enrolled in, with enthusiastic recommendations from past attendees.

#### **Course Requirements (Conditions for Certificate of Completion)**

- 1. FULL attendance in the \*3.5-hour Preparatory Session on Aug 9, 2025;
  - \* Absentees in the Preparatory Session due to unexpected circumstances are required to notify the course coordinator (The Hong Kong Council of the Church of Christ in China) as soon as possible for further arrangement of watching the tape of the Preparatory Session within 2 weeks from the date of the Session.
- 2. An overall attendance of 85% (42 hours) of the practical sessions;
- 3. Complete required readings (\*9 chapters from *Play Therapy: the art of the relationship*) and submit a reflection paper on the required reading by Aug 9, 2025.
  - \* Details will be provided upon confirmation of course registration.

    Those who submitted the paper on the 9 chapters before do not have to re-submit the paper.
- 4. **Conduct**, outside the course hours, **at least 4 videotaped special play sessions** with a child (can be an ordinary child or a child in therapy) using CCPT principles and skills, and select videotaped segments to be presented in class;
- 5. **Complete 2 rounds of video presentations** during the course time on the special play sessions conducted: and
- 6. **Write presentation notes** for both the two rounds of presentations and submit the notes 1 week before the presentation.

#### **Application Method (first-come, first-served)**

1. Online enrollment : <a href="https://forms.gle/8Br8W25eNDoHRiEw5">https://forms.gle/8Br8W25eNDoHRiEw5</a>

OR Scan the QR code



- 2. A notification message will be issued via WhatsApp for applicant to settle the payment within 5 working days by **Direct Transfer to the account** of The Hong Kong Council of the Church of Christ in China in Hong Kong Bank.
- 3. A confirmation message by WhatsApp for successful application will be issued only after the payment has been received.

#### **Important Terms and Conditions**

1. This training program is co-organized by Stand By Me and the Hong Kong Council of the Church of Christ in China.

#### 2. Intellectual property

- 2.1 All training materials of the program, including but not limited to its handouts(such as, lecture notes and assignment guidelines & templates), PowerPoint slides, and demonstration videotapes, are prepared by the trainer Ms. Lau Suet Ha, Lottie of the program and are the property of Ms. Lau. No reproduction of any pieces of these training materials is allowed without the permission of the trainer Ms Lau. If any content of the training materials would be quoted, academic guidelines on citation and quotation should be followed.
- 2.2 No form of recording, including audio- or video recording, during the program is allowed without prior permission by the trainer and The Hong Kong Council of the Church of Christ in China.
- 2.3 Violation of the above conditions will result in immediate termination of the attendance of the trainee in the program and confiscation of the training materials without refund. The trainer and The Hong Kong Council of the Church of Christ in China reserve the right of final decision and may pursue legal action.

#### 3. Consent from Parents

Trainees are responsible to obtain consent from the parent of the child, with whom special playtime is to be conducted, for the videotaping of the playtime and for the videotapes to be presented in the practical sessions of the Supervised CCPT Experience.

#### 4. Application & Attendance

- 4.1 Subject to entry requirement(s) stated in the above of this leaflet, application will be accepted on a first-come, first-served basis.
- 4.2 Application is considered as complete only when payment has been received by The Hong Kong Council of the Church of Christ in China within 5 working days. Application is regarded as successful only after a confirmation message is issued to applicants.
- 4.3 Course fee is non-refundable nor transferable to another course once the application is confirmed. Receipts of the course fee will be delivered to the successful applicants in the first day of the course.
- 4.4 Certificate of Completion will be given to participants who have satisfied the conditions stated in the above Section "Course Requirements" of this leaflet.
- 5. In case there is **course postponement or cancellation** due to whatever reasons or conditions, course participants will be notified via WhatsApp and details of alternate arrangements will be announced afterwards.

#### 6. Personal Data

Personal data provided on the course application form are used only for course application and course administration. And, all data collected will be treated with strict confidentially.

7. The right of interpretation and amendment of the above terms belongs to Stand By Me and The Hong Kong Council of the Church of Christ in China.



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