



# Child-centered Play Therapy (CCPT) : A bundled program

(Summer 2025 - Spring 2026)

By Ms. Lau Suet Ha, Lottie

The program contains 2 levels of courses.

## Basic Training on CCPT

(Level-one course)

## Supervised CCPT Experience

(Level-two course)

### Course Dates & Time

Note: Lunch breaks (1 hour 15 mins or 1 hour) are excluded from the course hours.

### Basic Training on CCPT (50 hours)

Date: 2025 Jul 15 (Tue), 16 (Wed), 22 (Tue), 23 (Wed), 29 (Tue), Aug 5 (Tue), 6 (Wed)  
Time: 9:00am-5:30pm  
Venue: 4/F, Morrison Memorial Centre, 191 Prince Edward Road West, KLN

### Supervised CCPT Experience (53 hours)

The course includes 2 parts:

A 3.5-hour Preparatory Session and 49.5-hour Practical Sessions

#### I) Preparatory Session

Date: 2025 Aug 9 (Sat)  
Time: 9:15am-12:45pm  
Venue: 4/F, Morrison Memorial Centre, 191 Prince Edward Road West, KLN

#### II) Practical Sessions

Three groups, Group A, Group B, and Group C, are offered. Participants can choose either of the groups. Application once confirmed, group arrangement cannot be changed.

Venue: 1/F, Morrison Memorial Centre, 191 Prince Edward Road West, KLN



### Target

51 helping professionals (social workers, clinical psychologists, educational psychologists, psychiatrists, and counsellors) interested and ready to put CCPT into practice after attending this training program.

(See p.4 "Entry Requirements")



### Group A (8 Mondays)

1st Round of Presentation	Date: 2025 Oct 27, Nov 3, 10, 17, 24 (Mon) Time: 9:15am-4:30pm
2nd Round of Presentation	Date: 2025 Dec 1, 8, 15 (Mon) Time: 9:15am-5:30pm

### Group B (8 Saturdays)

1st Round of Presentation	Date: 2025 Nov 1, 8, 15, 22, 29 (Sat) Time: 9:15am-4:30pm
2nd Round of Presentation	Date: 2025 Dec 6, 13, 20 (Sat) Time: 9:15am-5:30pm

### Group C (6 half days & 5 whole days; Saturdays & 1 Friday)

1st Round of Presentation	Date: 2026 Jan 3, 10, 17, 24, 31, Feb 7 (Sat) Time: 9:15am-12:15pm Date: 2026 Feb 14, 21 (Sat) Time: 9:15am - 4:30pm
2nd Round of Presentation	Date: 2026 Feb 27 (Fri), Mar 7, 21 (Sat) Time: 9:15am-5:30pm

**Course Fee**  
**\$18,500**

**Teaching Mode**  
**Face-to-face course**



## Child-centered Play Therapy

**Child-centered Play Therapy(CCPT)** is an intervention for children experiencing psychological or emotional disturbances from adverse life circumstances, for example, child abuse and neglect, serious accidents or injuries, domestic violence, parental separation or loss, sudden loss of a close family member, bullying... etc. It is an **evidence-based** approach, with numerous empirical studies showing its effectiveness with children's difficulties, such as over-withdrawal, rebellion, aggression, school maladjustment, anxieties, social skills problems. The approach, richly developed **by Garry Landreth based on Nondirective Play Therapy** passionately originated **by Virginia Axline**, is rooted in deep beliefs in children's growth potentials and resiliency. It aims at providing therapeutic conditions to facilitate children, through their natural language–play, to fully express themselves, work through negative feelings, and restore the necessary sense of security. In short, this approach strengthens children's inner resources and enhances their coping abilities. Familiarity with this approach forms a good base for integrating other play therapy approaches, including directive ones, in working with children. (Information provided by Lottie Lau)

## The Trainer – Ms. Lau Suet Ha

Ms Lau Suet Ha, Lottie (B.Soc.Sc., M.Ed) is a pioneer who has introduced and cultivated Child-centered Play Therapy(CCPT) in Hong Kong. Ms Lau specialized in CCPT in her postgraduate counselling studies at the University of North Texas, where she learned the therapy directly from Dr Garry Landreth, an internationally renowned scholar who developed it. Back in HK, besides practicing the therapy, Ms Lau began in the mid-1990s, during her formal teaching in tertiary education, to spread the concept of CCPT among helping professionals and parents through open courses of different levels. Presently, Ms Lau has taught CCPT, with 26 years of counselling work experience integrated, for 30 years, 20 of which were with the CPE of the Department of Social Work at the CUHK. Over the years, Ms Lau has laid the cornerstone of the therapy in the local scene by conducting over 500 CCPT courses for more than 5,000 helping professionals and parents respectively, accumulating a total of over 10,000 participants. Ms Lau's courses have always been fully enrolled in, with enthusiastic recommendations from past attendees.

## Course Objective & Content :

**Basic Training on CCPT**

### **Objective**

To give a comprehensive illustration of CCPT and help participants learn the strong theory base, necessary attitudes, and effective basic skills of the therapy.

### **Content**

#### **A. Theoretical Illustrations**

- History of play therapy development;
- Rationale for using play in child counseling;
- Basic beliefs and philosophy of CCPT;
- Stages of development in play therapy;
- Differentiation of adjusted versus maladjusted children in play;
- Principles of working with parents in the context of play therapy, etc.

#### **B. Practical Illustrations**

- Skills, techniques, and procedures used to realize the therapeutic conditions of CCPT in conducting the special playtime with children;
- Selection of therapeutic toys, setting up and management of playroom for use in CCPT;
- Procedures of working with play therapy cases and parent work in the context of play therapy for children, etc.

### **Teaching Format**

- Mini-lecture
- Video demonstration
- Case illustration
- Exercise
- Discussion & Role-play

## Course Objective & Content :

### Supervised CCPT Experience

#### Objective

To help participants integrate the theory and concepts of CCPT into practice, consolidate the beliefs and philosophy of the therapy, and develop a strong practice competence in using CCPT in the following aspects:

- i. Sensitivity in identifying children's significant play behaviors;
- ii. Recognizing children's progress in play therapy;
- iii. Using CCPT skills and techniques and refining the micro-skills;
- iv. Expansion of varieties of facilitative responses;
- v. Handling various issues in the play therapy process;
- vi. Self-reflexive and self-critic abilities; and
- vii. Conveying important observations of children to parents, etc.

#### Content

##### A. Preparatory Session

1. Issues and ethical considerations of starting and videotaping special play sessions with children using CCPT principles and skills;
2. Detailed explanations on course requirements and assignments;
3. Arrangement and finalization of presentation schedules.

##### B. Practical Sessions

1. Each participant will conduct, outside the course time, special playtime with children using CCPT principles and skills, and bring selected segments to class for feedback and discussion.
2. Each participant will present, during course hours, two rounds of the videotaped special playtime conducted.
  - **In the 1<sup>st</sup> round of presentations, participants will learn to :**
    - i. record children's play behaviors and make preliminary analysis of the play process;
    - ii. observe children's significant play behaviors exhibited, understand the meanings behind children's expressions, and identify play progress;
    - iii. give facilitative responses during the special playtime;
    - iv. be aware of own strengths and areas for improvements in play therapy skills used;
    - v. identify important observations during the play process for giving feedback to parents.
  - **In the 2<sup>nd</sup> round of presentations, participants will learn to :**
    - i. consolidate what has been learned from the first round of presentation;
    - ii. do self-critics on special playtime conducted; and
    - iii. give feedback to one another on the special playtime.

#### Teaching Format

- Videotape presentations on special playtime from trainees
- Feedback from the trainer and class discussions on the video segments presented

## Entry Requirements

### Basic Training on CCPT

#### Helping Professionals:

▪ <b>Registered Social Workers</b>	▪ <b>Clinical Psychologists</b>	▪ <b>Educational Psychologists</b>
▪ <b>Psychiatrists</b>	▪ <b>Counsellors</b> (with qualified academic training requiring compulsory supervised internship/placement under supervision)	
Notes: i) Qualified academic training is required for corresponding profession ii) Proof of qualification may be requested for verification during enrollment process iii) Acceptance of the application is subject to the final decision of the organizing agencies.		

### Supervised CCPT Experience

#### Helping Professionals:

- who have completed the requirements of Basic Training on CCPT, the level-one course of this program.

## Course Requirements (Conditions for Certificate of Completion)

### Basic Training on CCPT

- FULL attendance on Day 1 (Jul 15, 2025)**
- An overall attendance of 90% (45 hours)**
- Complete required readings (\*9 chapters from *Play Therapy : the art of the relationship*) and **submit a reflection paper on the required reading by Jul 15, 2025.**  
\*Details will be provided upon confirmation of course registration

### Supervised CCPT Experience

- FULL attendance in the \*3.5-hour Preparatory Session (Aug 9, 2025)**
- An overall attendance of **85%** (42 hours) of the practical sessions
- Conduct, outside the course hours, **at least 4** videotaped special play sessions with a child (can be an ordinary child or a child in therapy) using CCPT principles and skills, and select videotaped segments to be presented in class;
- Complete **2 rounds of video presentations** during the course time on the special play sessions conducted; and
- Write **presentation notes** for both the two rounds of presentations and submit the notes 1 week before the presentation.  
\*Absentees in the Preparatory Session due to unexpected circumstances are required to notify the course coordinator (The Hong Kong Council of the Church of Christ in China) as soon as possible for further arrangement of watching the tape of the Preparatory Session within **2 weeks** from the date of the Session.

## Application Method (first-come, first-served)

- Online enrollment :  
<https://forms.gle/k9chwGeuRCZXj3cK6>

OR

Scan the QR code



- ii. A notification message will be issued via WhatsApp for applicant to settle the payment within **5** working days by **Direct Transfer to our Hong Kong Bank Account**
- iii. A confirmation message by WhatsApp for successful application will be issued only after the payment has been received.

## **Important Terms and Conditions**

1. This training program is co-organized by Stand By Me and the Hong Kong Council of the Church of Christ in China.
2. **Intellectual property**
  - 2.1 All training materials of the program, including but not limited to its lecture notes, worksheets, PowerPoint slides, and demonstration videotapes, are prepared by the trainer Ms. Lau Suet Ha, Lottie of the program and are the property of Ms. Lau. No reproduction of any pieces of these training materials is allowed without the permission of the trainer Ms Lau. If any content of the training materials would be quoted, academic guidelines on citation and quotation should be followed.
  - 2.2 No form of recording, including audio- or video recording, during the program is allowed without prior permission by the trainer and The Hong Kong Council of the Church of Christ in China.
  - 2.3 Violation of the above conditions will result in immediate termination of the attendance of the trainee in the program and confiscation of the training materials without refund. The trainer and The Hong Kong Council of the Church of Christ in China reserve the right of final decision and may pursue legal action.
3. **Consent from Parents**

Trainees are responsible to obtain consent from the parent of the child, with whom special playtimes is to be conducted, for the videotaping of the playtime and for the videotapes to be presented in the practical sessions of the Supervised CCPT Experience.
4. **Application & Attendance**
  - 4.1 Subject to entry requirement(s) stated in the above of this leaflet, application will be accepted on a first-come-first serve basis.
  - 4.2 Application is considered as complete only when payment has been received by The Hong Kong Council of the Church of Christ in China within 5 working days. Application is regarded as successful only after a confirmation message is issued to applicants.
  - 4.3 **Course fee is non-refundable nor transferable to another course once the application is confirmed.** Receipts of the course fee will be delivered to the successful applicants in the first day of the course.
  - 4.4 Certificate of Completion will be given to participants who have satisfied the conditions stated in the above Section “Course Requirements” of this leaflet.
5. In case there is course postponement or cancellation due to whatever reasons or conditions, course participants will be notified via WhatsApp and details of alternate arrangements will be announced afterwards.
6. **Personal Data**

Personal data provided on the course application form are used only for course application and course administration. And, all data collected will be treated with strict confidentiality.
7. The right of interpretation and amendment of the above terms belongs to Stand By Me and The Hong Kong Council of the Church of Christ in China.



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